



Cook Memorial Library
93 Main Street
Tamworth, NH 03886
603-323-8510

October 2024 newsletter: Vol. XXI No. 10

**Hours: Mon 10-5, Tues & Wed 10-8,
Fri 10-5, Sat 10-2 **CLOSED on 10/14****

[Events Calendar](#)

Catalog: catalog.tamworthlibrary.org

Website: tamworthlibrary.org

Art Show: “Hard Conversations are Okay,” works by Eliza Burke, will be on display through the end of the month. A talented artist from Tamworth, Eliza took her own life a year ago. If you are looking for resources for Survivors of Suicide Loss, visit www.naminh.org/sosl/. Cook Memorial Library will host the Carroll County International Survivors of Suicide Loss Day on Saturday, November 23, 2024, from 10:00 AM to 1:30 PM; more details will be included in our November newsletter. TCNA is planning to start a Survivors of Suicide Loss support group; reach out to them if you are interested.

Library of Things: We’ve added a number of “things” over the past few months. Recent additions, thanks to a partnership with the UNH’s Center for Digital Health Innovation, include a Pocketalker personal amplifier, phone amplifiers, and a blood pressure monitor. If you, or someone you need to communicate with, has a hard time hearing important conversations, borrow and try out the Pocketalker. One recent user called it “life-changing.” See a list with photos of all the items in our Library of Things on our library’s catalog home page: catalog.tamworthlibrary.org.

Bookmobile Committee, Monday, October 7, 4:00 PM

Library Trustees meeting, Monday, October 14, 5:30 PM

Outdoor Nature-based Storytime for young children, every Tuesday at 10:30 AM outside behind the library. Be sure to dress for the weather! Amy and Polly presented about nature-based storytimes at the recent New Hampshire Rural Library eSummit, sharing their successful model with other librarians.

Kids’ Reading Clubs: Sign up, borrow a book to read ahead of time, and come play word games, talk about books, eat pizza, and have fun!

- Bookworms Reading Club for kids up to age 8: October 7, 4:00-5:00 PM to talk about the *Zoey and Sassafras* books by Asia Citro
- Bibliomaniacs Reading Club for ages 9 and up: October 21 at 5:00 PM to talk about *Song for a Whale* by Lynne Kelly

Board Games, Tuesdays, 5:00-8:00 PM. For teens and adults. Come play a variety of board games in our historic front room. Feel free to bring a game you’d like to teach others.

Mountains to the Sea writing group, Wednesday, October 9, 10:30 AM online via Zoom: A partnership between our library and the Peaks Island (ME) Branch Library, the group meets monthly on Zoom to write and read together. Register to join at <https://bit.ly/mtns-sea-24-25>.

Rescuing Wildlife in Costa Rica, Wednesday, October 9, 6:30 PM in person at the library: A talk by Jeanne Marie Pittman, the Conservation Programs Director for Rescate Wildlife Rescue Center in Costa Rica. Pittman will show slides and discuss the work of the center and the animals it rescues and rehabilitates, including jaguars, sloths, monkeys, tapirs, and many species of frogs and reptiles.

Introduction to Clinical Somatic Movement and Relaxation, Wednesday, October 16 at 6:30 PM in person at the library: Jennifer Simpson invites you to come and discover how Clinical Somatic Movement can ease pain and tension, improve posture, and enhance your movement. Experience relaxation techniques for your mind, body, and soul, and leave feeling relaxed and refreshed. This is a free introduction and open to all. Wear comfortable clothes.

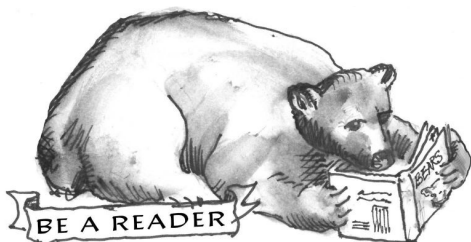
Banntag: A Citizen's Perambulation, Saturday, October 19, 10:00 AM, read on for meeting place. Towns are required to perambulate their town boundaries every 7 years. Perambulations consist of walking the boundaries of an adjacent town, describing what town boundary markers are found, making some survey measurements between the markers, and blazing and painting the lines if appropriate. Select Board members are the ones authorized to perambulate. However, Select Board members generally delegate the work to a professional surveyor.

The Cook Memorial Library is hosting the first "Banntag", a Swiss tradition that invites community members to walk their town's boundaries. Paul King, a surveyor who did the perambulation in 2009, will coordinate the perambulation. Everyone is welcome to join in. This might take years!

We will start the Tamworth/Madison Town Line perambulation on Sat, Oct 19, at 10:00 AM. We will meet at the intersection of Ossipee Lake Road and Cross Road. The section for the 19th will be 1.7 miles (3.4 miles round trip) north to Moores Pond. It is the easiest section of this town line. It is a flat walk along the Sokokis Pines, Ski and Beach, and Carved in Bark subdivision boundaries. However, it will be bushwacking, as there are no trails along the line.

All are encouraged to join. Bring appropriate footwear, clothing (blaze orange recommended), water, etc. Rain date is the following Saturday, October 26. Please call the library at 603-323-8510 with any questions.

Tamworth Town Records Transcription volunteers will meet on Wednesday, October 23 at 6:00 PM.



CML Book Group will meet on Friday, October 18 at noon to discuss this year's [One Book One Valley](#) title, *The Road to Dalton* by Shannon Bowring. Borrow a copy to read ahead of time and plan to join us! The author will appear in person at 7:00 PM on Thursday, October 24 at The Majestic Theatre in Conway. All are welcome whether you read the book or not.

Poetry Hour, Monday, October 28 at 5:00 PM. Come read and/or listen.

Halloween at the library: The library is closed on Thursdays, but on Thursday, October 31 we will be open for warming up and restroom access during Tamworth Village Halloween from 5:30 to 7:30 PM.

Did you know? Our library has recently started adding large print middle grade fiction. Great for struggling readers, these popular titles combine a larger font and increased white space on the page to help readers decode words, improve tracking and reading fluency, and develop greater reading comprehension. Middle grade large print books are shelved with the standard print books in the Junior Fiction section. Look for the blue stickers on the spine above the label, or ask library staff to assist you.

Volunteer opportunities: If you're looking for a short-term project, we are looking for someone who can fulfill our library's 1-2 day commitment to help out at Tin Mountain's Window Dressers community build day on October 19 through October 22. We have ordered another one of these insulating window inserts that help keep our energy costs down. Window Dressers keeps the cost low by including sweat equity as part of the cost. The community build takes place during the daytime hours in North Conway. If you can help or want more info, contact Mary at the library.

Other upcoming volunteer opportunities include outreach drivers/deliverers, book club facilitators, and Veterans Day refreshments providers. See Mary for details.