

**The Friends of Cook Memorial Library's annual Cabin Fever Book and Bake Sale** with lunch and silent auction is Saturday, March 7, 10:00 a.m. to 1:00 p.m. Come out of hibernation, buy some books, buy some food, bid on an interesting auction item, meet and greet neighbors, and support the Friends!

**Baby Lapsit Time has changed to 3:00 p.m.** on Tuesdays due to shifts in the babies' naptimes. Amy has taught herself to play the ukelele, adding a wonderful musical element to both baby times and storytimes.

**Outdoor storytime** takes place the last Tuesday of the month at 10:30 a.m. Polly shares a list of the books and activities she uses each month and invites you to try outdoor storytime activities at home. Find the lists at the library and on the library's website.

**Spring Ahead: a mindfulness workshop:** On Saturday, March 7 from 3:00-4:30 p.m., registered yoga teacher Meghan Vestal will lead a time of gentle movement, meditation, and other techniques to cultivate mindfulness. Cost is by donation. Please wear comfortable clothing and bring a yoga mat or towel if you can.

**Two opportunities to enjoy music** at the library from 2:30 to 4:00 p.m. on a Saturday afternoon:

- March 14 Chris Nourse, Amy Berrier & Ellen Schwindt will play music for strings
- March 21 Mountain Top Music Center Chamber Group will play, conducted by Chris Nourse

**A month-long trip to Nepal:** On Wednesday, March 18 at 7:00 p.m., Belle Stafford will share pictures and stories of her recent trip to Nepal. She travelled in a small group around Kathmandu Valley with Nepalese tribal shaman Bholu Nath Banstola. The group trip coincided with Dashain, the nine day festival of the Goddess, where they learned specific ceremonies that corresponded to each of the nine days.

**Would you like to increase habitat and food sources** for native pollinators so that they, in turn, can help our fruits and flowers and vegetables grow? On Wednesday, March 25, at 7:00 p.m., join the Chocorua Lake Conservancy at the Cook Memorial Library for *Native Pollinators, Habitat, and NRCS Programs* with Debra Marnich, Soil Conservationist for the USDA's Natural Resources Conservation Service.

**A short crankie** made recently by many artists and thinkers depicting winter adaptations will be presented at the CLC-Pollinator event (above).

**We are offering a sampling of book group options** this year, and for March, we're picking up the promise-of-spring "pollinator" theme from Chocorua Lake Conservancy, and expanding our horizons by reading a book originally written in another language. This month's book is *The Murmur of Bees* by Sofia Segovia, a family saga novel set during and after the Mexican Revolution. Come borrow a copy of the book. We'll meet to discuss on Wednesday, March 25 at 2:00 p.m. And, if you're interested in starting your own book group, please let us know, we'll help you get started. You don't have to meet at the library (but you're welcome to), and we can help get multiple copies of books for your group.

**Poetry Hour:** March's poet is Lucille Clifton. On Monday, March 30, 4:00-5:00 p.m. (new time for this month and maybe next), come to read and listen to her poems. Learn more about the poet at <https://poets.org/poet/lucille-clifton>

# COOK MEMORIAL LIBRARY

March 2020

(603) 323-8510

[cooklib@tamworthlibrary.org](mailto:cooklib@tamworthlibrary.org)

<https://tamworthlibrary.org>

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## RECURRING PROGRAMS

<b>Storytime</b>	<b>Tuesdays at 10:30 a.m.</b> <i>Outdoors on the 31st!</i>
<b>Baby Lapsit Time</b>	<b>Tuesdays, 3:00-4:00 p.m.</b>
<b>Tech Tuesdays</b>	<b>Weekly, 1:00-2:00 p.m.</b>
<b>Yoga for Preschoolers</b>	<b>Fridays at 10:30 a.m.</b>
<b>4-H Tamworth Makers Club</b>	ages 9 and up <b>Fridays, 3:00-5:00 p.m.</b> <i>FMI, contact <a href="mailto:Claes.Thelemarck@unh.edu">Claes.Thelemarck@unh.edu</a></i>

## EVENTS

<b>Wednesday, March 4</b>	<b>7:00 p.m.</b>
School Meeting at K.A. Brett School	
<b>Saturday, March 7</b>	<b>10:00 a.m.-1:00 p.m.</b>
Cabin Fever Book and Bake Sale	
<b>Saturday, March 7</b>	<b>3:00 p.m.</b>
Spring Ahead mindfulness workshop	
<b>Monday, March 9</b>	<b>5:30 p.m.</b>
Library Trustees	
<b>Tuesday, March 10</b>	<b>6:00 p.m.</b>
Friends of CML board meeting	
<b>Tuesday, March 10</b>	<b>6:30-7:45 p.m.</b>
Tech Tuesday Evening, tech help with Karen Vitek	
<b>Wednesday, March 11</b>	<b>7:00 p.m.</b>
Town Meeting at K.A. Brett School	
<b>Saturday, March 14</b>	<b>2:30 p.m.</b>
String Trio Concert	
<b>Wednesday, March 18</b>	<b>7:00 p.m.</b>
Month-long trip to Nepal	
<b>Saturday, March 21</b>	<b>2:30 p.m.</b>
Chamber Music Concert	
<b>Wednesday, March 25</b>	<b>2:00 p.m.</b>
CML Book Group	
<b>Wednesday, March 25</b>	<b>7:00 p.m.</b>
CLC: Native Pollinators + Crankie	
<b>Monday, March 30</b>	<b>4:00 p.m.</b>
Poetry Hour	



Honey bees are superheroes.