

New at the library: A loft play area in the children's room, thanks to funding from the Friends of Cook Memorial Library. Read about the concept, design, and construction of the project at <https://tamworthlibrary.org/2019/03/new-loft-in-childrens-room/>. The kitchen, dress-up, and toy areas are still in place, so if you prefer your child(ren)'s library play time to remain at floor level, there are activities for them. One bonus feature of the new loft is a comfy nook under the ladder. We remind parents and caregivers of the Library Trustees' policy that requires children under 8 years old to be supervised by a parent or caregiver while at the library. Please see a staff member if you have any questions.

Adventure Quest, the tabletop role-playing game for youth age 10 to 14, will return in April for a second season, thanks to generous donations from individuals in our community. Season two is fully enrolled!

Joyful Home, a tidying up series, meets on Wednesdays April 3 and April 24 at 7:00 p.m. Join Polly Mahoney to learn ways to declutter, clear out and organize. Part one will explore decluttering methods and inspire you to tackle clearing out projects at home. Part two will be a check-in on your progress, plus a deeper dive into how to maintain order and beauty in your home.

Come to a **Soothing Gathering**, Saturday, April 6, 3:30-5:00 p.m. Celebrate spring with visiting yoga instructor, Sumr Soudi Breez in an exploration of kundalini yoga, stress release, tapping, Qigong, and self-care practices to enhance your daily life. By donation; bring a mat or towel, journal, and wear comfy clothes.

Join us for music for a spring afternoon on Saturday, April 13, at 2:00 p.m. Members of the **Big House Chamber Players** will present a program of trios for two violins and viola. Chris Nourse, Ellen Schwindt, and Amy Berrier will play Dvorak's *Terzetto*, *Serenata II* by Martinu, and Ellen's freshly-penned *Trio for Three Friends*. Free, any donations will go to the Friends.

National Healthcare Decisions Day, April 17: Stop in to see the display and handouts provided by Visiting Nurse Home Care & Hospice of Carroll County and Western Maine's Advance Care Planning Group.

Come learn about **New England Food Vision** on Wednesday, April 17 at 7:00 p.m. Our library and cosponsor Tamworth Community Nurse Association will welcome Dr. Tom Kelly, Chief Sustainability Officer and Founding Executive Director of UNH's Sustainability Institute. Dr. Kelly will talk about New England Food Vision, an aspiration for a New England that produces 50% of its food by 2060.

Earth Day, April 22: Tamworth Recycling Project members will share a display of books and information.

April is Poetry Month. Join us for readings and some of Mary Oliver's poetry Monday, April 29, 5:30-7:00. Bring your favorites, bring your own, or just listen.

Northern NH Library Cooperative (the three-library partnership of Cook, Madison, and Jackson libraries) will hold its annual meeting on Thursday, April 4, 5:30 p.m. at the Conway Public Library. On the agenda is adding Conway Public Library to our cooperative. If it is voted in, our May newsletter will cover the details.

COOK MEMORIAL LIBRARY

April 2019

(603) 323-8510

cooklib@tamworthlibrary.org

www.tamworthlibrary.org

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Mondays 3:30-5:00 p.m.
4-H Makers Club (ages 9 and up)

Tuesdays 10:30 a.m.
Storytime for young children
April 2 bird-making with Hannah Anderson
April 9, 16 fun with Amy Carter
April 30 outdoors with Polly Mahoney

Monday, April 8 5:30 p.m.
Board of Trustees

Tuesdays, April 9, 23, 30 4:00-6:00 p.m.
AdventureQuest (also May 7, 14)

Tech Tuesdays 1:00-2:00 p.m.
and other times by appointment
First Tuesdays with Karen Vitek 6:30-7:45 p.m.

Tuesdays 2:00 p.m.
Baby Lapsit Time

Tuesdays 6:30-8:00 p.m.
Chess Club (open to all ages)

Wednesdays, April 3, 10 3:45-4:30 p.m.
Lego Club for 5-8 year-olds

Wednesdays, April 3 & 24 7:00 p.m.
Joyful Home, Polly Mahoney

Saturday, April 6 10:00 a.m.- 1:00 p.m.
Monthly Book Sale, Friends of Cook Memorial Library's something-for-everyone fundraiser

Saturday, April 6 3:30 p.m.
A Soothing Gathering, Sumr Soudi Breeze

Wednesday, April 10 7:00 p.m.
Tamworth Community Nurse Association presents *Why We Dream*, with Dr. Missy Myers

Saturday, April 13 10:00 a.m.
Chocorua Lake Conservancy Nature Journaling

Saturday, April 13 2:00 p.m.
Music for a Spring Afternoon

Wednesday, April 17 7:00 p.m.
New England Food Vision

Wednesday, April 24 1:00 p.m.
Book Group *Wind, Sand and Stars* by Antoine de Saint-Exupery

Monday, April 29 5:30 p.m.
Poetry readings: local poets and Mary Oliver

Bookworms and Bibliomaniacs book clubs will meet in May, check back for dates and book choices.

Save the date: Friends of Cook Memorial Library and Carroll County Altrusa annual plant sale will be on **Saturday, June 1**. Gardeners, please pot up perennials for the sale as you get into your gardens.