



Vol. XIV

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*The library will be closed  
Monday September 4<sup>th</sup>.  
Happy Labor Day!*

# COOK MEMORIAL LIBRARY

September 2017



**Volunteers needed to help with afterschool programs:** CML seeks teen and adult volunteers to help with the Lego Club, which meets the first two Wednesdays of the month beginning in October. This is a fun and active group of kindergarteners through third graders. We need adults to help with 4-H STEM programs at the library. Training is provided, you don't have to be a tech whiz, just willing to learn cool new things along with the kids. Please help us keep these programs going strong by volunteering. We will cover background check costs. Contact Mary Cronin, 323-8510 or [mary@tamworthlibrary.org](mailto:mary@tamworthlibrary.org).

**Save the date:** Friends of CML Annual Meeting will be Saturday, Sept. 23. **Business Meeting** at 11:30 AM, by-laws changes will be discussed, see proposals at <https://tamworthlibrary.org/about/friends/>

**Lunch** at 12 PM – Homemade and always delicious!  
**Program** at 12:30 PM – *Television: The Art and Ethics of Manipulation* presented by John Gfroerer; program sponsored by a grant from NH Humanities

**September is library card signup month:** If you are seven or older, come sign up or renew a lapsed card, a back-to-school must-have, in our opinion. Your library card allows you to borrow more than books: access to downloadable ebooks and audiobooks, genealogy databases, plus the most reliable online Encyclopedia Britannica, a great resource for homework.

**Build a Better World** Summer Reading program has wrapped up. 43 readers who completed the program each earned a weekly popsicle thanks to Hannaford and Shaw's, and to The Other Store for the use of a freezer to store them here. Prizes were donated by Barnstormers, Story Land, Pirate's Cove, White Lake Speedway and Monkey Trunks. Next year's summer reading theme is musical: *Libraries Rock!*

**Our Nonfiction Book Group** is back after a summer hiatus. Plans are to meet every other month. The first meeting will be October 3 at 6:30 PM, when we will discuss a variety of books on race in the U.S. published since 2014. A list of suggested titles is available at the library and on the library's website. If possible, read a couple of titles from varying viewpoints. Come to the discussion with a brief synopsis of what you've read.

**Library Trustees** will begin a new strategic planning cycle over the next several months. If you are a summer resident and want to be included in any community surveys that will take place this winter, please email [mary@tamworthlibrary.org](mailto:mary@tamworthlibrary.org), or call us or stop in and provide your winter contact information.

**Dementia Avoidance: a Call to Action:** Baby Boomers and others interested in preventing dementia want to know what really works. Is it cognitive therapy, diet, exercise, dietary supplements or gene therapy? Take time to examine the evidence and learn more about this health challenge by coming to a talk by Joe Semmes, MD, on September 13 at 7 pm. Joe is a Clinical Assistant Professor of Medicine Tulane School of Medicine and part time resident of Wonalancet.

**Saturday, Sept. 2** 10:00 a.m.-12:00 p.m.  
*Friends' monthly Book Sale*

**Tuesdays, Sept. 5, 12, 19** 10:30 a.m.  
*Storytime for young children*

**Tech Tuesdays** 1:00-2:00 p.m.  
other times by appointment, call 603 323-8510

**Wednesday, Sept. 13** 7:00 p.m.  
*Dementia Avoidance: A Call to Action*  
Joe Semmes, MD

**Wednesday, Sept. 20** 7:00 p.m.  
*The 1918 Killer Flu: Could It Happen Again?*  
TCNA talk by June Aprille

**Saturday, Sept. 23**  
*Friends of CML Annual Meeting* 11:30 a.m.  
• Luncheon Noon  
• NH Humanities Program 12:30 p.m.  
*Television: the Art & Ethics of Manipulation*

**Monday, Sept. 25** 5:00-6:30 p.m.  
*Bookworms reading club for 7-9 year-olds*

**Wednesday, Sept. 27** Noon  
*Brown Bag Book Group*  
*Homegoing* by Yaa Gyasi

**Wednesday, Sept. 27** 7:00 p.m.  
*First Out: My Life on the Cog Railway*  
Jon Hively

**The book *First Out: My Life on the Mt. Washington Cog Railway***, is Jon Hively's personal account of his colorful life while working on the Cog as a brakeman, fireman and engineer from 1974-1986. Come on September 27 at 7 PM as Jon tells us about the life they had at that time, the pranks they pulled and the bizarre and sometimes thrilling experiences they shared. Jon will have books available for sale after the program,;the library will have a copy soon.

**One Book One Valley** is back for its 12<sup>th</sup> year. This year's book is *The One-in-a-Million Boy* by Monica Wood. We have several copies available to borrow. The author will speak and answer questions on October 26 at 7PM at Kennett High School. For more info, see [onebookonevalley.org](http://onebookonevalley.org).

