

TAMWORTH DAILY BULLETIN

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Send updates for the next edition to mary@tamworthlibrary.org or call 323-8510 and leave a message.

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Tuesday, April 7, 2020

Town of Tamworth Health Officer message

With Spring - This Is Why We Need to Maintain The Stay at Home Guidelines for the State of NH. --Becky Mason - Health Officer

Serious question, if you could see the virus in this manner, would you still go out in public?



If you must go out: Take all the precautions such as:

- Frequent hand washing
- Social (PHYSICAL) six foot distancing
- Covering mouths when coughing or sneezing
- Staying home if you feel ill
- Wearing masks in the public areas

WorkReady NH news: WorkReady NH is offering an online course beginning April 20. It is tuition free and offers the opportunity to earn a WorkReady NH Certificate as well as a National Career Readiness Certificate (NCRC).

WorkReady NH is a practical, tuition-free program designed to meet the needs of job seekers and career builders by providing training in specific skills that employers are looking for in their current and future employees.

Attend 60 hours of classroom instruction in a simulated workplace setting to learn and practice soft skills. Improve essential workplace skills through online, self-paced tutorials. Essential workplace skills include: reading workplace documents, graphic literacy, and applied math.

For more information, or to register, go to <https://www.ccsnh.edu/colleges-and-programs/workready-nh/> or call 603-230-3534.

Starting Point Services for Domestic and Sexual Violence is offering all of its usual services during this time, with a few accommodations for the pandemic. Support groups are offered by phone one-on-one. Virtual outreach has been increased. Prevention work is still being done in the schools.

Starting Point's 24-Hour crisis phone line is 1-800-336-3795.

For anyone experiencing domestic violence, sexual violence, or stalking, Starting Point advocates are here to support you 24-hours a day, seven days a week.

People with concerns about family members may also call the 24-hour support line.

Chat and text options for contacting Starting Point are coming soon.

Starting Point volunteers all go through a 30-hour training program. There is a training beginning later this month, see <https://www.startingpointnh.org/get-involved/support-victims/> or call 603-447-2494 to learn more about volunteering.

Questions about COVID-19? Call the NH Hotline at 2-1-1.