

# TAMWORTH WEEKLY BULLETIN

Published by the Cook Memorial Library, on Wednesday afternoons during the COVID-19 pandemic.  
Send updates for the next edition to [mary@tamworthlibrary.org](mailto:mary@tamworthlibrary.org) or call 323-8510 and leave a message.  
Find previous editions at [www.tamworthlibrary.org](http://www.tamworthlibrary.org)

---

May 20, 2020

## census facts

---

**2020 Census data will help inform how billions of dollars are distributed to states and communities every year for the next 10 years.**



United States  
Census  
2020

**Have you filled out your 2020 Census form yet?** As of 5/18/2020, 28.5% of Tamworth households have completed the 2020 Census. The nationwide response rate is 59.6% and the New Hampshire statewide response rate is 58.6%. You can respond to the census online at <https://my2020census.gov/> or by phone at 1-844-330-2020.

**Tamworth Community Nurse Association:** If you need a hand sanitizer refill, bring one of the bottles of the hand sanitizer that were handed out, and stop by the TCNA office

between 9am - 11am, Monday to Friday to get it refilled with Tamworth Distillery's excellent home grown hand sanitizer. Call 323-8511 FMI.

**Mindful Memorial Day:** Last year we had a first ever Mindful Memorial Day in Tamworth to recognize those who gave their lives in the military. We offered meditation and yoga to veterans and others as a way of taking a moment to be present and honor the day. This year is very different. I would like to encourage folks to go to the Mindful Memorial Day website where you can sign up to honor a vet, virtually, from home. This is happening all over the world, including virtually at Arlington National Cemetery.

The website is [www.mindfulmemorialfoundation.org](http://www.mindfulmemorialfoundation.org). On the website you can enter the name of a veteran you know and would like to honor, or you can choose simply to honor a veteran from our state, or with a particular job (cook,

photographer, truck mechanic, MP, etc.). I think this is a nice way to have a particular person in mind when you stop and give thanks on the day we've set aside for these brave folks. --Annie, Army Veteran

**IRS Economic Impact Payment Information:** If you have questions about your eligibility, or if, when, and how your payment will come, IRS provides answers at

<https://www.irs.gov/coronavirus/economic-impact-payment-information-center>.

IRS advises to be careful to avoid scammers: “The IRS urges taxpayers to be on the lookout for scam artists trying to use the economic impact payments as cover for schemes to steal personal information and money. Remember, the IRS will not call , text you, email you or contact you on social media asking for personal or bank account information – even related to the economic impact payments. Also, watch out for emails with attachments or links claiming to have special information about economic impact payments or refunds.”

**UNH Cooperative Extension:** “Do you know how cleaning, sanitizing and disinfecting are different, which one you must do first, and what are the best and safest ways to do it? Many people do not, and that can be dangerous. A report from [the Centers for Disease Control](#) showed a surprising 16% to 20% increase in poison center calls related to cleaners and disinfectants during January–March 2020; compared with the same period in 2019 and 2018.”

Learn how to clean, sanitize, and disinfect safely at

<https://extension.unh.edu/blog/cleaning-sanitizing-and-disinfecting-surfaces-part-one>. You may also call the Ask UNH Extension infoline at 1-877-398-4769.

---

All issues of the **Tamworth Daily Bulletin** and the **Tamworth Weekly Bulletin** are/will be available to view and download at

<https://tamworthlibrary.org/find-info/reference/tamworth-daily-bulletin/>.

If you have an announcement for the next **Tamworth Weekly Bulletin**, send it to [mary@tamworthlibrary.org](mailto:mary@tamworthlibrary.org).

---

**Questions about COVID-19? Call the NH Hotline at 2-1-1.**